



women's
HealthHub

MENOPAUSE CLINIC
FEES AND SERVICES

Dr Jo Darwood

Specialist GP in Menopause and Lifestyle Medicine

Prices are valid from 1st Feb 2026.



Suite 2.8, Lido Medical Centre, St Saviour's Road, JE2 7LA

This guide outlines the consultations and treatments offered by Dr Jo Darwood at the Women's Health Hub. Care is provided by a senior clinician with specialist expertise in menopause care, hormonal health, and lifestyle medicine.

We are recognised by most major health insurance providers. Patients are usually asked to settle consultation fees directly and reclaim costs from their insurer. If documentation is required to support an insurance claim, we are happy to provide this.

CONSULTATIONS

| SERVICE | PRICE |
|--|-------|
| Consultation - A comprehensive consultation focused on menopause, hormonal health, and lifestyle medicine, allowing time to explore symptoms, concerns, and health goals in detail, with a clear assessment, personalised management plan and follow up advice. | £150 |
| Follow-up Consultation - A review appointment for established patients to discuss progress, results, or management plans previously agreed. | £80 |
| Telephone Consultation - A remote consultation arranged where clinically appropriate, including at patient request if attendance in person is not possible. A face-to-face appointment may be recommended if new symptoms arise. | £80 |



IUCD SERVICES

We recognise that IUCD fitting can be associated with anxiety, often related to fear of pain or previous experiences. Patient comfort and reassurance are central to our approach. Where appropriate, we can provide “Penthrox – gas and air” pain relief. We recommend bringing someone with you if you plan to use gas and air.

| SERVICE | PRICE |
|---|-------|
| IUCD Fitting with “Penthrox – gas and air” (if required) | £170 |
| IUCD Follow-Up Appointment (6 weeks) | £40 |
| IUCD Removal | £150 |

ADDITIONAL TESTS & SERVICES

| SERVICE | PRICE |
|---|-------|
| Blood Test | £20 |
| Routine Cervical Smear (National Screening Programme) | Free |
| Private Cervical Smear – Sent to a London laboratory. Consultation charged separately. | £150 |
| Medical Questionnaire / Insurance Form Completion | £20 |
| Repeat Prescription Request | £10 |

